

THE STAR

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30 Years Gives Flanigan Farms Reason to Jump for Joy



Photo By Rodney Raschke

The American Heart Association's Jumproper Heart Kids, (l-r) Lauren Cano, Tammy McAuley and Ronnie Morgan, helped kick off Flanigan Farms' 30th anniversary a la double-dutch style.

By MARISELA SANTANA
Staff Writer

CULVER CITY—Instead of the usual roast, as in peanuts that is, owners of the Flanigan Farms Natural Foods Company in Culver City gave a grand toast to their 30 years in operation.

"When we first started we were health nuts," said Flanigan, who started the health food company with her late husband Owen Flanigan. "Now we sell health nuts."

More than 150 people attended the grand celebration where co-founder and chief executive officer Patsy Flanigan, an active member of the Culver City community gave attendees a chance to see why a healthy body is so important.

Also a member of the American Heart Association, Flanigan invited the Jumproper Heart Kids called "High Desert Revolution" to

perform for the 30th anniversary celebration.

The theme of the event revolved around "Health" which is something Flanigan says is unattainable without fitness that's why she invited the jumproppers.

"These kids are just so amazing," said Flanigan. "Flanigan Farms is all about health, and a big part of health is fitness. These kids represent that. They are awesome kids," she said.

Flanigan, who now runs the business with two of her four daughters, credits family unity as the reason why Flanigan Farms has stayed afloat for so many years especially with the health food movement becoming so mainstream.

"Family, is what sets us apart from everyone else," said Flanigan. "We stay focused, we stay on the course that was started."

And mainstream it is; Flanigan remembers how easy it use to be to get Flanigan Farms products

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